

Individual pre-work and homework

 <p>Prework #1 Read</p>	 <p>Prework #2 Write</p>	Write down 3 moments in your life where you were at the top of your performance. They are moments you are really proud of, either at work or outside of work. Describe them as if they are happening right now. What did you do, what happened?		
From Purpose to Impact – HBR article	<p>Power moment 1</p>	<p>Power moment 2</p>	<p>Power moment 3</p>	
 <p>Prework #1 Make</p> <p>A list of all activities you do in your current work and in previous roles. As detailed as possible.</p>				

	
<p>Next steps:</p> <ul style="list-style-type: none">• Review and refine your purpose statement• Share it with a friend, family member or colleague	<p>What to take to the next training day:</p> <ul style="list-style-type: none">• Your purpose• Strengths & energisers• Values & examples of when you lived them and when not• What makes you happy• & the prework of the next page...