Quantitatively Measuring and Dramatically Shifting Client Improvement

Pam Ragland

How Effective Are We?

Working with my clients felt too slow. How do we really know the progress our clients are making? I asked:

- How can I quantitatively measure how much progress my clients make?
- How can I help them make progress faster?

Effective coaching addresses challenges that inhibit all areas of a person’s life, by targeting underlying root cause thoughts. The answers converged into quantitative Masterpiece Measures™. Using them to evaluate client progress led to "Quantum Thought Shifting™", which is dramatically more effective at removing negative thoughts.

Masterpiece Measures™

I began using Kinesiology muscle checking, which functions as “biofeedback”. With appropriate intention, in a practitioner free of biases, it is useful and consistent. The results shocked me and helped to explain why the pace of change is currently so slow. After thousands of measures they hold consistent.

Quantum Thought Shifting™

Identifying negative thoughts one-by-one for elimination is a painfully slow process. Many originated from before the client could even recall. This led to discovery of Quantum Thought Shifting™, a method to remove all past negative thoughts without having to identify them. This new trade secret energy technology, combined with a detailed recipe, removes all past client “negativity”. The formula was applied in each case, and has evolved over time.

Findings

Results revealed the average measures at which clients are operating. Using Quantum Thought Shifting™ dramatically transformed client outcomes. In three months average adults moved to:

- 0% Negativity (from 97.4%—no wonder it’s so hard to change!)
- 0 Negative Thoughts (from more than 3 million)
- 0.6% Subconscious Thoughts (from 96.4%—we are mostly unconscious)
- 900+ Consciousness Level (from 209)
- 85%+ Purpose Alignment (from 12%)
Quantitative and subjective client results include:

- Doubled income
- Eliminated addictions
- Eliminated diseases
- Increased happiness, peace, joy
- New jobs/businesses in line with the client's purpose
- Observed dramatic differences

Key measures show where individuals are in terms of triggers for life mastery. Quantum Thought Shifting™ dramatically shifts results in a positive manner, providing observable quantitative and qualitative benefits.

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The Impact of Leadership Coaching in Developing Higher Education Executives

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Leadership development is a strategic imperative for colleges and universities and there are significant challenges in such development. Academic institutions are not dissimilar to professional service firms in that the professional identity and sense of satisfaction from work for faculty are derived principally from their professional expertise and accomplishments (Hill, 2006).

The preponderance of leadership development opportunities within higher education frequently focus on operational and technical matters rather than on developing the leader for leadership. The Lutheran College and University Leadership Program (LCULP) was established in 2001 for the primary purpose of developing present and future leaders for the 46 Lutheran higher education institutions in the United States. Leadership coaching was introduced into the program in 2005 to help achieve the overarching program goals and based on the belief and philosophy of the program co-directors that leadership development is more sustainable with coaching as a key dimension of the on-going developmental process.

The HigherEd Leadership Coaching Group, in partnership with the LCULP, provided the professional leadership coaching services to program participants. The unifying objective of the program was to assist leaders in understanding their personal vocations within the context of the vocation of the institutions they serve.

The purpose of this study was to determine the impact of leadership coaching on the 2005 LCULP cohort and their perceptions of leadership coaching. Additionally, this study was designed to assess whether leadership coaching had an impact on participants’ achievement of the program goals.

The study suggests that the addition of leadership coaching to the LCULP was successful in assisting participants in achieving a stronger awareness of leadership skills, strengths and opportunities for growth and learning; creating an opportunity for discernment of personal and professional goals that will equip participants to claim and live out their callings; and assisting leaders in understanding their callings. The results indicate that leadership coaching had a moderate to strong impact on achieving the stated goals and that coaching overall was extremely effective in contributing to developing participant leadership.